



New Zealand Cricket

New Zealand Cricket's High Performance Centre is one of the most obvious examples of the commitment to lift achievement levels and consistency in New Zealand Sport.

For six years Siliconcoach software has been used at the High Performance Centre where intensive research and analysis is carried out to assist in the development of emerging and international players.

Warren Frost, Sports Science and Medical Coordinator is responsible for implementing science and medical understanding into New Zealand cricket. "It's an indispensable tool in understanding how players move and developing technique."

Much of the thinking that has marked the innovative style of cricket played by New Zealand in recent years has resulted from the analysis and feedback enabled by Siliconcoach. "There's no limit to how you use Siliconcoach. I would encourage all coaches and sports scientists to utilise Siliconcoach to further understand your sport."

The New Zealand High Performance Centre is a jewel in the crown of New Zealand's sporting centres of excellence. Using Siliconcoach software, its programmes have been instrumental in the Black Caps international success. As Warren says, "we couldn't do what we do without Siliconcoach".

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Warren Frost

Sports Science and Medical Coordinator



www.blackcaps.co.nz

For more information please contact
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Software used: Pro, TimeWARP, Digitiser