



Dublin City University

Dublin City University is a constantly growing, vibrant School with three undergraduate programmes – Sport Science and Health, Athletic Therapy and Training, and Physical Education with Biology. These programmes are designed to provide students with the knowledge base and experiences necessary to begin a professional career or to prepare them for post-graduate studies. Also on offer is post-graduate research programmes in a number of exercise and health related disciplines.

Kevin O'Brien, Lecturer for Motor Control and Learning uses Siliconcoach software to visually demonstrate skill development as well as comparing joint angles in tasks such as to throwing and striking a ball, and showing changes in technique in relation to different sports skills. "Whether it's for a classroom environment or a field-based situation this software has been extremely helpful, both for the students, lecturers and for athletes. Also, the software was quite user-friendly" states Kevin.

"The use of Siliconcoach software has been a valuable asset to these courses, with students receiving a greater understanding of the theory for motor learning, and some using the software in their own time, analysing their own technique from their given sport."

And as Kevin notes, he also personally benefits from the use of Siliconcoach software. "It has made laboratories during the module a lot easier to manage. By using this software, it provided the students with a greater understanding of the theory underlying motor learning. It also made my job a little easier!" You can't ask for more than that, now can you?

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Kevin O'Brien

Lecturer - Motor Control and Learning
Dublin City University

<http://www.dcu.ie/shhp/>

For more information please contact
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Software used: Pro